

National Eczema Society's

Eczema Information Day

Please join us at our **FREE Eczema Information Day**, where you'll hear the latest updates on eczema from leading dermatology experts. The event is aimed at both adults with eczema and parents of children with eczema.

**Saturday
21 September 2019
11.30am-4.30pm**

**Education Centre,
Birmingham Children's Hospital,
Steelhouse Lane,
Birmingham B4 6NH**

To book your FREE place

please register at:

www.nes2019.eventbrite.co.uk

Alternatively, if you don't have internet access or experience problems with booking online, then call us on

020-7281-3553

or email **info@eczema.org**

and we will register for you.

NATIONAL
ECZEMA
SOCIETY

Registered Charity: England and Wales (No.1009671) and Scotland (No.SCO43869)

Eczema ... let's take control

eczema.org

Our Special Information Day
is being held as part of
**National
Eczema Week**
(14-22 September 2019)

We encourage you to take more control by finding out how you can manage your eczema better.

You can come along for the whole day, or just those sessions that interest you most. Dermatology nurses will be on hand throughout the day to answer any questions you might have about your own eczema.

Venue Directions

Birmingham Children's Hospital is located in the centre of Birmingham and is a 10-minute walk from Birmingham New Street and Birmingham Moor Street train stations.

Please be aware that there is no on-site parking, so you will need to make use of nearby public car parks. There is a visitor's car park on Printing House Street (B4 6DE) which you are welcome to use, however spaces are limited. For more info, visit:
www.bwc.nhs.uk/travel-information

For advice about eczema contact:
National Eczema Society Helpline:
0800 089 1122
Email: helpline@eczema.org

Experts in the field of eczema are offering a fantastic programme of information, advice and support, looking at ways to best manage your eczema and also exploring the emotional and psychological impacts of living with eczema.

11.30am — Doors open

12.00-1.00pm — Taking control of your eczema – the foundations of good eczema care

Karen Doherty, Dermatology Nurse Specialist and the dermatology nursing team, Birmingham Women's and Children's NHS Foundation Trust

1.00pm — Lunch break

Please bring your own lunch or there are commercial outlets to buy food in the local area

1.30-2.00pm — National Eczema Society's Annual General Meeting

Everyone is welcome at the meeting and members of the Society can vote

2.00-3.00pm — Topical treatments, phototherapy and systemic treatments for eczema

Dr Malobi Ogboli, Consultant Dermatologist and Dr Marie-Louise Lovgren, Clinical Fellow in Dermatology, Birmingham Women's and Children's NHS Foundation Trust; and Kevin Molloy, Specialist Registrar in Dermatology, Solihull Hospital, University Hospitals Birmingham NHS Foundation Trust

3.00-3.30pm — Tea, coffee and light refreshments break

3.30-4.30pm — Coping with the emotional impact of eczema

Dr Helen Mortimer is a clinical psychologist who works within the Dermatology Department at Solihull Hospital, University Hospitals Birmingham NHS Foundation Trust

4.30pm — Information Day ends

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